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Breakout Proposal

"Understand the Power of Nonverbal Communication"

Abstract

Solid communication skills are paramount if you desire to gain buy-in from your colleagues, leadership, friends, and family; however, your words are only part of your communication repertoire. Studies show that 55% of communication is nonverbal and two people will signal over 800 nonverbal cues over the course of a thirty-minute conversation. In this fun breakout session I explore the five channels of body language and why it's important if you desire to connect with others.

"Erick is full of energy and truly engages with the audience. You can tell by looking around the room that people are really listening to him. We have had him speak at more than one event because he spends a significant amount of time preparing and provides useful takeaways."

-Russel Olson, CEO, Heartland Consumer Power District

Learning Objectives

1. Gain an appreciation and full understanding of what drives human dynamics and how we display our emotions and intent through nonverbal cues.
2. Learn the five body language channels and how to apply them at work and in life.

References

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