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Workshop Proposal

“Master the Seven Elements of the Perfect Day”

Abstract

To achieve a life of significance, you must learn to master yourself. The whirlwind of life gets in the way and couple that with daily bad habits and it's nearly impossible to rise above the chaos and live a significant life.

In this fun and interactive workshop, I unpack the seven elements of the perfect day that I discovered on my own journey back to significance. I unlock the seven habits, that if applied daily will insulate you from the whirlwind so that you may focus on the principles necessary to find your own level of significance.

“One of the best courses I ever attended. Erick was an outstanding presenter!”

-Workshop attendee

Learning Objectives

1. Learn the seven elements of the perfect day and how to apply them at work and in life.
2. Walk away hopeful and motivated about your life.

References

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